



LEANING ON
the
PROMISES
OF GOD
for
MOMS

*But those who trust in the Lord will find new strength.
They will soar high on wings like eagles.
They will run and not grow weary.
They will walk and not faint.*

ISAIAH 40:31

SALLY CLARKSON

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Leaning on the Promises of God for Moms

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A Note from the Author

Being a mother is profoundly important. Every day, your life is challenging, demanding, and on some days, you may even feel isolated as you fulfill this most important role. But you are not alone. God sees you and is with you. He created you to be a teacher, spiritual director, friend, and so much more to your children.

In fact, you, dear mother, are a hero. You are shaping the history of the next generation by choosing to be a lifegiving mother. You are a woman of great worth. You sacrifice your life daily to bring His life to your precious children, so that they can go into the world spiritually strong, emotionally healthy, and with a virtuous character intact.

This little promise book is my gift to you. It contains lifegiving messages and verses I hope will encourage you in your task, grant you wisdom, remind you that what you are doing will reap rewards for all eternity, and illuminate truths from His Word.

May He give wind to your sails and guide you through your journey with generous grace and His unfailing love.

Sally Clarkson

MOTHERHOOD IS A MARATHON, NOT A SPRINT

I started out on the journey of motherhood assuming it would be a lovely adventure I would be able to accomplish with vibrancy and grace. I did not understand how truly long this walk would be, or about the blisters, hot sun, rough pavement, and curves I would face on the road ahead.

I hadn't counted on the weariness of being pregnant, giving birth, and nursing babies. I hadn't considered the ear infections, tantrums, messes and fusses, mounds of dirty dishes and clothes, and countless days to fill with meaningful occupation, not to mention the training, correcting, and instruction of my children in righteousness.

So many times, when I felt like I simply couldn't go on, I would creep away into my quiet corner to spend a few minutes with the Lord. Without fail, He would use those stolen moments to show me how important my role was in the spiritual life and heritage

of my children. In those times, I glimpsed the goal of righteousness I was working toward and realized that I must reach it step by weary step.

I kept going by sheer faith and resolve because I could not ignore the ideals and calls of Scripture. With God's help, I chose to follow them and trust that they were blessed and right and would bring blessing to me and my family.

Motherhood is a marathon, not a sprint! Keep your eyes fixed on Jesus. Remember, you're in this for the long haul!

His Promises

Don't be afraid, for I am with you.

Don't be discouraged, for I am your God.

I will strengthen you and help you.

I will hold you up with my victorious right hand.

ISAIAH 41:10

God blesses those who patiently endure testing and temptation. Afterward they will receive the crown of life that God has promised to those who love him.

JAMES 1:12

*He gives power to the weak
and strength to the powerless.*

ISAIAH 40:29