

FRIENDS AROUND THE WORLD

ACTIVITY BOOK



Includes:
CRAFTS
PUZZLES
ACTIVITIES
GAMES
RECIPES

ILLUSTRATED BY
JACOB SOUVA



FRIENDS AROUND THE WORLD

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Friends Around the World Activity Book

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CONTENTS

NOTE TO PARENTS AND TEACHERS

v

PART 1

Family and Friends

1

PART 2

Home

13

PART 3

Food and Water

29

PART 4

School

43

PART 5

Church

57

PART 6

Clothing and Toys

71

RECIPES

85

x

**Give, and you
will receive. You will
be given much. It will
be poured into your
hands—more than you
can hold. You will be
given so much that it
will spill into your lap.
The way you give to
others is the way God
will give to you.**

LUKE 6:38, ICB

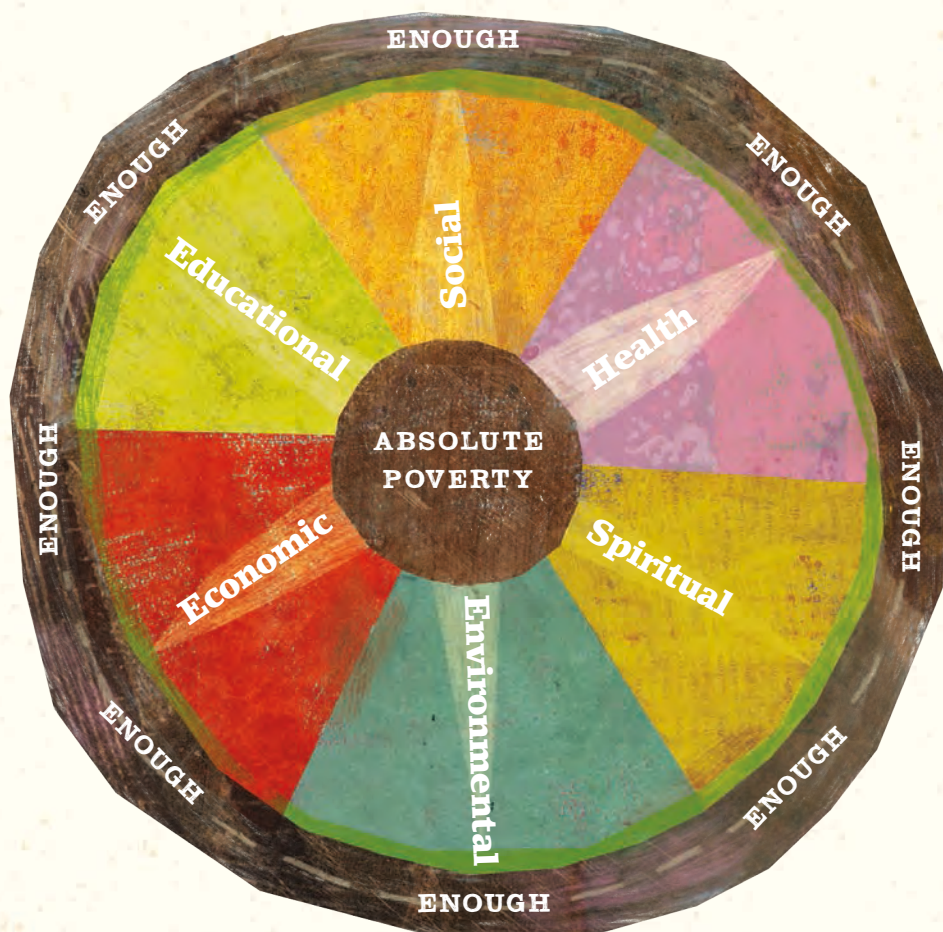
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NOTE TO PARENTS AND TEACHERS

The fun, educational activities, crafts, and recipes in this book are designed to bring your family or class together in meaningful ways as the children in your life learn more about impoverished children in the developing world.

Becoming aware of others and their needs is the first step toward loving them and bringing them hope and help.

Poverty is not just about lacking financial resources; it has implications for every area of life. A wheel can serve as a representation of the problem of poverty around the world. The hub represents absolute poverty. The spokes represent the different needs of those in poverty: social, health, spiritual, environmental, educational, and economic. The rim represents enough. When we live from a place of enough, we have the opportunity to engage with people in different contexts and then share what we have.



The world is complex and diverse, but when we look at people through the lens of God's great love, it doesn't take long to recognize that we are very much alike. This activity book is designed to help you lead your family or class in this discovery.

The book is arranged in six sections, each of which will help the children in your life see how children in the developing world experience some of the same things they experience. Each section is packed with activities, puzzles, and crafts to help children develop understanding and compassion for others and their needs. An introduction to each section helps you focus on the following categories through the perspective of Scripture and truth.

1. Family and Friends (Social)
2. Home (Environmental)
3. Food and Water (Health)
4. School (Educational)
5. Church (Spiritual)
6. Clothing and Toys (Economic)

Here are some ways you can use this book to help your children learn about and develop compassionate hearts toward the poor:

- ➔ Choose one of the parts of the book and lead a group of children through the activities. Then help them take action to reach out to families living in poverty. Finally, celebrate your project and what you learned with others.
- ➔ Schedule a time to do an activity from the book one day each week. Complete a project together, and then decide on ways you can reach out to people in the world who need help.
- ➔ Plan a cultural day for each month. Select a craft, a game, and a recipe to represent life in a particular country or region. Enjoy being creative, playing together, and eating something new. End the day with a prayer for the people living there. Brainstorm ways you can help others, whether as a family or as a class.

A grand adventure awaits as you explore God's heart of compassion and as you develop a heart of compassion yourself. Have fun on this journey of discovery, and may God richly bless your time with your children as you learn and grow together.







PART 1

Family and Friends

RELATIONSHIPS AROUND THE WORLD

God loves us, and He created us in His own image. This means we can love, communicate with, and care for others—just like He does!

God deeply loves people all over the world. The Bible says, “For God so loved *the world* that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life” (John 3:16, emphasis added).

When we look at one another, we may see differences. We see skin colors different from ours, languages we don’t know how to speak, and foods we are afraid to eat. But God sees all the ways we are the same. The more we learn about those who are different from us, the more we will see our similarities and understand His great love for the whole world.

While you are enjoying the games and projects in this section, think about the similarities you have with children from other countries. For example, all over the world, families have to do laundry. In the activity “Hanging Together,” the clothespins you turn into fun characters can remind you of the way God has created each person in His image. As you make the “Give a Hoot!” owls, remember that just like children in poverty, you can create something special with scraps you find around your house.



CRAFTS AND ACTIVITIES

CHECK IT OUT

Playing games together is a great way to connect with your family and friends. Did you know that kids whose families can't afford to buy checkerboards often get creative and make their own? Learn how you can too!

+ Supplies

- 1 large empty cereal box
- 1-inch hole punch (optional)
- craft paint (two colors)
- 1 piece of sturdy cardboard (12 inches by 12 inches)
- 1 ruler
- nontoxic water-based paints or markers



= Directions

1. Using the empty box, cut out 24 circles (one inch across). You can also punch out 24 circles using a hole punch.
2. Paint 12 of the circles one color and 12 of the circles another color.
3. Using your ruler, draw lines on the cardboard, dividing it into 64 squares. Each square should be $1\frac{1}{2}$ inches across.
4. Use paint or markers to color in the checkerboard so that no two squares side by side are the same color. (You can also leave half of the squares the color of the cardboard.)



GIVE A HOOT!

These fun creatures can be made with recycled materials. Consider giving one of them to a family member or friend to show kindness to someone you know.

+ Supplies

- 1 cardboard tube from a toilet paper roll
- 1 sheet of paper (any color)
- markers
- safety scissors
- glue
- googly eyes (optional)

= Directions

1. Fold the top of the cardboard tube toward the middle so it resembles an owl's head.
2. For wings, draw two almond shapes on the paper. The wings should be slightly smaller in length than the tube. If you're using white paper, color the shapes with markers. Then cut out the wings.
3. For the beak, draw a triangle on a piece of orange paper, or draw a triangle on white paper and color it in with orange marker. Cut it out.
4. Glue the beak to the front of the tube, and glue wings to the sides of the tube. Draw big eyes with a marker, or glue on some googly eyes.

MORE OPTIONS:

For a more colorful owl, paint the cardboard tube and let it dry before adding wings, a beak, and eyes. You could also cut the tube in half to make two baby owls.





East African Chapati

Chapati is a thin, round flatbread often eaten in East Africa. Children in Rwanda enjoy it as a snack with milk or tea, or as a meal with stew.

INGREDIENTS

2 cups flour

½ teaspoon salt

1 tablespoon plus 2 teaspoons vegetable oil

¼ cup water plus additional as needed

1 tablespoon shortening or cooking oil

DIRECTIONS

1. Mix flour and salt. Add the 1 tablespoon vegetable oil, and mix with your hands.
2. Slowly add water and knead in, adding more as needed until an elastic (stretchy) dough is formed.
3. Divide dough into four equal parts. With your hand, flatten one ball into a circle on a lightly floured surface and spread ½ teaspoon of the oil over it. Roll it up like a jelly roll, then roll it up again so it resembles a snail shell. Repeat for each piece.
4. Let dough balls sit at least 20 minutes, or up to 8 hours.
5. With lightly floured rolling pin, flatten balls into 10-inch circles.
6. Heat shortening in a frying pan, then add a dough circle. Fry, turning once, until each side is golden brown and spotted. Dough will bubble as it fries. Repeat for each flatbread.

Makes 4 flatbreads.

