

Heidi St. John

AUTHOR OF *BECOMING MOMSTRONG*

BIBLE

PROMISES

for Moms

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Bible Promises for Moms

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This book is dedicated to my beautiful daughters:

Savannah

Sierra

Summer

Sydney

&

Saylor



*I'm still pinching myself that God gave
your dad and me five daughters. Such a gift!
When life is hard, precious girls, lean in to Jesus.*

I promise, His promises are for you.

And so am I.

You are loved.

Contents



INTRODUCTION ix

ABANDONMENT 1

ADOPTION 1

ANGER 2

ASSURANCE 3

BABIES 4

BELONGING 7

BIBLE 7

BIRTH 8

BLESSING 9

BULLIES 10

BURNOUT 11

CHILDREN 13

CONFIDENCE 14

CONTENTMENT 15

COURAGE 16

DEATH 18

DECISIONS 19

DEPRESSION 20

DISCIPLINE 21

DISCOURAGEMENT 22

DOUBT 24

EDUCATION 24

EMOTIONS 26

ENCOURAGEMENT 27

ENDURANCE 28

ENERGY 29

ETERNITY 30

FAITH 30

FAMILY 31

FEAR 33

FORGIVENESS 34

FRIENDS 36

FUTURE 37

GOD'S WILL 39

GRACE 40

GRIEF 41

GUIDANCE 43

HAPPINESS 44

HEALING 45

HEARTBREAK 46

HOPE 48

HOSPITALITY 49

INFERTILITY 50
INJUSTICE 52
INSECURITY 53
INTEGRITY 54
JOY 55
LEGACY 56
LOSS 58
LOVE 60
MARRIAGE 63
MENTORING 64
MERCY 66
MISCARRIAGE 67
MOTHERHOOD 69
OBEDIENCE 71
OPPORTUNITY 72
OVERWHELMED 73
PARENTING 75
PATIENCE 77
PEACE 77
PERSEVERANCE 79

PRAYER 80
PRIORITIES 83
PRODIGALS 85
PROTECTION 87
PROVISION 88
REFRESHMENT 89
REGRET 90
RELEASING CHILDREN 92
REST 94
SLEEPLESS NIGHTS 95
SPECIAL NEEDS 98
THOUGHTS 99
VICTORY 100
WAITING 102
WEARINESS 103
WISDOM 104
WORRY 105
YEARNING 107

ABOUT THE AUTHOR 109

Introduction



*I am confident I will see the LORD's goodness
while I am here in the land of the living.*

Wait patiently for the LORD. Be brave and courageous.

PSALM 27:13-14

MOTHERHOOD. It's two parts exhilaration and one part exasperation—or is it the other way around? I suppose it depends, doesn't it? If you're nodding with me, lean in close, because it's time to change our perspective. I wrote *Bible Promises for Moms* for every mother who needs to hear God's wisdom for parenting in a world that values human wisdom. The world will tell you that God's Word is "outdated" and "irrelevant" when it comes to the challenges of modern motherhood. Don't listen. God's Word is as relevant and life-giving today as it was when it was written.

In the pages of this book, you'll find hope in the midst of heartache, spiritual salve for your soul, and supernatural strength for your mother's heart. In short—you'll find *hope*. No matter where you are in your mothering journey, God's mercies are for

you. He is your hope. He'll meet you in the dark of night when your strength (and your perspective) is gone. He'll steady your heart and renew your mind as you meet new challenges and throughout the ever-changing seasons of motherhood. We have hope because God's promises never fail. His wisdom is for the ages and, I think, especially this one. Oh, how we need to hear His gentle and wise voice right now.

I'm so glad that God's promises don't change. They don't depend on our strength or our performance. They're an anchor for our souls and a sure foundation upon which we can start to build and shape the character of the next generation.

One glimpse of things from God's perspective can change ours.

Can you hear Him? He's whispering, "I love you" through the pages of the Bible. He sees your struggle and says, "I'm right here by your side."

Lean in to His promises today. God has you in His grasp. Lean in and ask for His help as you seek God's perspective with your whole heart. The Bible displays the heart of the Father on every page. You'll find everything covered in this book, from abandonment to yearning—because God's promises are for you. You can use *Bible Promises for Moms* to look things up topically, whether as part of your daily devotions or to counsel another mom. No matter how you use it, I pray your

heart will be steadied and your load lightened by the beautiful promises of God.

Shhh. Quiet down, world. I'm leaning in to hear the still, small voice of my Creator. Lean in with me, precious mom. Let's soak up every beautiful word of truth from the Bible that we can.

His Word is true. His promises never fail.

Spring 2019

Heidi St. John

Abandonment

WHEN YOU FEEL THAT GOD HAS LEFT YOU . . .

Those who know your name trust in you,
for you, O LORD, do not abandon those who
search for you.

PSALM 9:10

**WHEN YOU WONDER IF THERE IS ANYTHING
YOU CAN DO THAT WILL CAUSE GOD TO LEAVE . . .**

God has said,
“I will never fail you.
I will never abandon you.”

HEBREWS 13:5

Adoption

WHEN YOU NEED TO HEAR THAT GOD LOVES ADOPTION . . .

Pure and genuine religion in the sight of God the
Father means caring for orphans and widows in their
distress.

JAMES 1:27

**WHEN YOU NEED REASSURANCE OF
YOUR ADOPTION INTO GOD'S FAMILY . . .**

We believers also groan, even though we have the
Holy Spirit within us as a foretaste of future glory,

for we long for our bodies to be released from sin and suffering. We, too, wait with eager hope for the day when God will give us our full rights as his adopted children, including the new bodies he has promised us.

ROMANS 8:23

You are no longer a slave but God's own child. And since you are his child, God has made you his heir.

GALATIANS 4:7

**WHEN YOUR ADOPTED CHILD NEEDS
REASSURANCE OF GOD'S PLANS FOR THEIR LIFE . . .**

You saw me before I was born.

Every day of my life was recorded in your book.
Every moment was laid out
before a single day had passed.

PSALM 139:16

"I know the plans I have for you," says the LORD.
"They are plans for good and not for disaster, to give
you a future and a hope."

JEREMIAH 29:11

Anger ~

WHEN YOU ARE WORRIED THAT GOD IS ANGRY WITH YOU . . .

His anger lasts only a moment,
but his favor lasts a lifetime!

Weeping may last through the night,
but joy comes with the morning.

PSALM 30:5

The LORD is compassionate and merciful,
slow to get angry and filled with unfailing love.

PSALM 103:8

WHEN YOU'RE ANGRY AND DON'T KNOW WHAT TO DO . . .

“Don’t sin by letting anger control you.” Don’t let the sun go down while you are still angry.

EPHESIANS 4:26

Understand this, my dear brothers and sisters: You must all be quick to listen, slow to speak, and slow to get angry. Human anger does not produce the righteousness God desires.

JAMES 1:19-20

WHEN YOU NEED TO TALK WITH YOUR CHILDREN ABOUT ANGER . . .

A gentle answer deflects anger,
but harsh words make tempers flare.

PROVERBS 15:1

Assurance ~

WHEN YOU OR YOUR CHILD NEEDS ASSURANCE OF SALVATION . . .

As for me, I know that my Redeemer lives,
and he will stand upon the earth at last.

And after my body has decayed,
yet in my body I will see God!
I will see him for myself.
Yes, I will see him with my own eyes.
I am overwhelmed at the thought!

JOB 19:25-27

God has given us his Spirit as proof that we live in him and he in us. Furthermore, we have seen with our own eyes and now testify that the Father sent his Son to be the Savior of the world. All who declare that Jesus is the Son of God have God living in them, and they live in God. We know how much God loves us, and we have put our trust in his love.

God is love, and all who live in love live in God, and God lives in them.

1 JOHN 4:13-16

I have written this to you who believe in the name of the Son of God, so that you may know you have eternal life.

1 JOHN 5:13

Babies ~

People often ask my husband and me if we planned to have seven children, and I love to answer that question because it tells the story of a gentle shift in our views. I was forty-one when I became pregnant with our seventh baby—not something I would

have ever thought I wanted when I was younger. Early in our marriage, we saw children as a blessing, but I'll admit—the culture's low view of children had clouded our perspective. We worried about the financial commitment. At times, all I could see in front of me was a demanding baby and an ungrateful toddler. Can you relate? If so, take a deep breath with me as we embrace what God says is good. His love for children is clear.

When I began to seek God's heart for children, my heart changed. I began to see that *babies are a blessing*. Embracing God's heart for children changed our lives. Sure, there have been difficult times. Many of them. In fact, my hunch is that you, too, may be tired and wonder if what you're doing is worth it—but precious mom, know that it is.

God's ways are always good. In answer to our prayers, God gave us a baby in our forties. Saylor Jane's arrival in God's timeline was in keeping with His good plan for us. Our lives have been enriched beyond our wildest dreams by this little “caboose baby” that the Lord gave us out of the goodness of His heart.

Planned or unplanned, fostered or adopted, special needs or perfectly healthy, God says children are a blessing and a reward. Let's choose to see these precious ones the way God sees them—and experience the blessing that comes with embracing what God embraces.

WHEN YOU'RE STRUGGLING WITH AN UNPLANNED PREGNANCY . . .

Children are a gift from the LORD;
they are a reward from him.

PSALM 127:3

I can do everything through Christ, who gives me strength.

PHILIPPIANS 4:13

Whatever is good and perfect is a gift coming down to us from God our Father, who created all the lights in the heavens. He never changes or casts a shifting shadow. He chose to give birth to us by giving us his true word. And we, out of all creation, became his prized possession.

JAMES 1:17-18

**WHEN YOU NEED TO REMEMBER GOD'S
HEART FOR THOSE YET TO BE BORN . . .**

You brought me safely from my mother's womb
and led me to trust you at my mother's breast.
I was thrust into your arms at my birth.

You have been my God from the moment I was
born.

PSALM 22:9-10

You made all the delicate, inner parts of my body
and knit me together in my mother's womb.
Thank you for making me so wonderfully complex!
Your workmanship is marvelous—how well I know it.

PSALM 139:13-14

WHEN YOUR PRAYERS FOR A CHILD HAVE BEEN ANSWERED . . .

I asked the LORD to give me this boy, and he has
granted my request.

1 SAMUEL 1:27